

MENTALLY RETARDED CHILDREN

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Abstract

Mental retardation has also been termed as feeble-mindedness, sub normality and amentia. In the general term, it refers to weakness or deficiency in mental power. People with below or average intelligence are incapable of managing their lives at their own are included in the category of mental retardation. **Rai, R. K (1983)** views are that "Retardation is essentially an educational problem. It manifests itself clearly in a child's exceptionally slow rate of progress at school. **Orai and Nagaich (1983)** pointed out that "Mental retardation is a syndrome. It is not a disease, although it may be result of disease. **Parkash, J. (1983)** Mental retardation children have incomplete or very low degree of mental development. **Chachra, Jaishri (1983)** pointed out that "Mental Retardation is one of societies most complex problems and varies in degrees or level

.love on mentally restarted children. Love is considered greatest weapon of the world. With love, we can win each and everything. It is also said that stone can be melted with love. When mentally restarted child born and parents feel happiness and celebrated his birthday, but they do not know that, their child is mentally retarded and they have to pay in the whole life. As their child grow and he does not consider their language, then they run to doctor for proper check up. When doctor indicates to parents that their child is mentally retarded, then what is condition of parents, can know only God, it is beyond the power of simple human beings. Yet parents do not dare and make needful efforts to the care of their child. Whole society say to him Pagal, but parents say him beta or bête. Whole body of parent's burn, when the people of the society say him Pagal in front of his parents or parents listen by chance. By their love, parents try to teach to their child everything.



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Introduction

Love implies 'heart to heart ties' and not body to body affairs. This is the ideal concept of the four letter 'LOVE' have has divine nature. True love has the power to take one from physical existence to the plane of pure spirit.

Love is the form of energy, in which each individual transmits and receives every moment. It affects all forms of life, and is a peculiar possession, which grows with sharing. Love is the answer to the question, what in me loves and what in other person. It is the reflection of the same truth that one loves. Love helps us to overcome to sense of fear by promoting better understanding and appreciation. Since love springs from the truth, it is in the nature of righteous action and results in peace. Love is a silken cord uniting all the countless number of values, which permeate the whole universe and without it, peace will be turned into piece.

Righteous conduct could have no meaning truth will be a mere mockery and non-violence an abstract term. Love gives and forgiveness. Duty without love is deplorable. Duty with love is desirable. Love without duty is divine.

Following are the sub-values of love 1. Sincerity 2. Kindness 3. Sympathy 4. Friendship 5. Patriotism 6. Devotion 7. Tolerance 8. Humanism

Love is a variety of different feelings states and attitudes that ranges from interpersonal affection (I love my mentally restarted daughter) to pleasure (I love that meal) it can refer to an emotion of a strong attraction and personal attachment.

Love is expressed as an action and experienced as a feeling.

Some psychologists as one of the irreducible elements consider love in the effective side of consciousness. Truth leads to Dharma or righteousness, which unfolds in shanti or peace and blossoms into prema or love. On the other hand the loving mother, the ardent patriot and the devotee of God are also inspired to make the noble sacrifices and commendable actions through the intensity and sincerity of their love. Some people believe that love an objective emotion is considered as rational and as it represents what is typically human, it is basis of morality. **REID** has said that “the meaning of love to cover all aspects of human nature, without a corresponding boarding of the term reason, with the result that his criteria of creativity and intuitive certification of values are not adequate guides to morality. **Tagore** has said regarding love that all our personal relationship has an infinite medium, which is love, Anad. Truth, knowledge and joy are constitutive of reality as they are constitutive of the divine of person. **Gandhi** has said that Ahimas is equivalent to love. **Swami vivkananda** has said that strong emotions have capacity to awaken and activate the potential powers of man. Ordinary love can be converted into powerful feelings, ordinary can be converted into divine love or supreme love and devotion.

In the simple words, we can say that love is the expression of the individual divine within and is the power of soul. In the other words, we can say that love is a positive response to an attraction is called love.

An individual whose mental quotient is below 70 is normally spoken of as mentally retarded. Slow learner comes under the IQ between 70 and 85. The mentally retarded is usually maladjusted. He is not like by their other children of his group. He may often ridicule. He is unable to social activities that are satisfying. can be socially better adjusted, if he learns to contribute service in projects inaugurated by his more able associates, many of such children

can learn the respects, admiration, attention and friendship of society by their unfailing good nature and willingness to co-operate to extent of their abilities in social abilities.

According to American Association on mental Deficiency (AAMD) “Mental retardation refers to significantly sub average intellectual functioning existing, concurrently with defects in adaptive behaviour and manifested during development Period.”

The AAMD applies the term mental retardation to children having IQs of 67 and below and classified those with IQs within that range into following categories.

Mild retardation-IQ between 67 and 52

Moderate retardation IQ between 51 and 36

Severe retardation IQ between IQ of 19 and below

AAMD (1983) “Mental retardation refers to significantly sub average general intellectual functioning, resulting or associated with concurrent impairments in adaptive behavior and manifested during the development period.

It has and has been observed that following impacts of parent’s love on mentally retarded child, when parent’s show their love to their child.

- Try to pay the regard to others.
- Try to share love with others
- Develop a feeling of sympathy
- Develop a feeling of friendship
- Develop a sense of tolerance
- Develop a sense of confidence
- Improving the listening and understanding
- Try to take medicine properly
- Try to observe the pain and pleasure of parent’s
- Try to insisting to accepting his/her matter due to love
- Try to live neat and clean
- Try to pay the regard to others.
- Try to share love with others
- Develop a feeling of sympathy
- Develop a feeling of friendship
- Develop a sense of tolerance

- Develop a sense of confidence
- Improving the listening and understanding
- Try to understand to go somewhere when their parents wear new dress
- Try to recite poem/sing a song, when his parents sing a song
- Try to develop a sense of brushing the teeth and sit in toilet.
- Try to learn to speak
- Try to speak
- Try to ply
- Try to recognize the relations
- Try to laugh
- Try to understand the gestures
- Try to learn to eat.
- Try to bear the dress
- Try to feel happiness
- Try to sleep
- Try to recognize the objects
- Try to show to his pain
- Try to show to his/her expression

Problems of parents

It has and has been observed that the tears of parents start blowing from the birth of mentally retarded child to their death. Tears of parents blow directly or indirectly on the following problems or feelings, when they feel that-

- parents of mentally retarded children have to listen comments of family members and neighbors
- Child do not obey the order of their parents
- Inferiority complex in the social functions
- Members of society are saying pagal to their child
- 16 sometimes parents of mentally retarded girl child have to face so many problems regarding women problems.
- Sometimes parents go under stress, when they are unable to tolerate the activities of their mentally restarted child.

- Others children are going to school and their child is sitting at home
- Their child is not bathing and eating properly
- Medicines are not effecting properly
- their child is not playing like other normal children
- Sometimes parents of mentally retarded girl child have to face so many problems regarding women problems.
- Social participation is less
- Parents cannot work out side
- Employed parents have to face so many problems to manage the time for the mentally restarted child and others their children
- They consider themselves poor, when they have no money and date of the medical checkup has been fixed
- Sometimes parents have to go out of state to checkup their child and there they have to face various types of problems and they feel very difficult.
- Sometimes parents fall ill due to tension and feel difficult to manage and look after the mentally retarded child.

.Conclusion

No doubt, parents of the mentally retarded children pay much love to their mentally restarted child. They make efforts to give facilities as they can give or provide. Secondly, the impact of Parents love has and has been observed and much change has been noted as above discussed. Love is such type of power that it brings changes and develops various types of values among the human being, he/she may normal or abnormal and impact may be less or more exists. For mentally retarded children require love of parents, family and members of the society. All should pay the love to mentally restarted and other children, so that values could develop among them. They can use their energy for positive direction, if the environment of the home and society will congenial. Governments of the state and center should join the hands to provide the facilities to the parents as well as mentally retarded children, so that parents neither consider burden nor go under stress. Government, in honestly and specially pay the attention to the mentally restarted children and their parents. Governments should hug amount of budget be passed so that financial and medically assistance could be provided to them. All types of facilities regarding physically, mentally, socially and economically should provide to mentally retarded child and their parents by Governments of the states and center.

It is humble request with all the richest and other members of the society to cooperate to the parents of mentally restarted children and showers the love on them. Love is the second name of sanskara and it is always along with human being at every step and moment and gives direction to him/her. At last but not least we can say that the life of parents of mentally retarded children is not so easy, they have always worried about past, present and future of their children.

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